

## **MamtaGhar-Birth waiting Home Gujarat Experience**

### **1. Background**

One of the major determinants in some areas of the State is the ability to bring the necessary technical skills – economic, geographical, and operational – to the women in need of help. Access to a continuum of care, including appropriate management of pregnancy, delivery, post partum care and access to life-saving obstetric care when complications arise are crucial to Safe Motherhood.

### **2. Purpose of MamtaGhar**

MamtaGhar is the key element to '**bridge the geographical gap**' in obstetric care between rural areas, with poor access to facilities. The purpose of MamtaGhar is to provide a setting where high-risk women or women from remote areas can be accommodated during the last 7-10 days of pregnancy or even more if needed near a hospital where Obstetric and Newborn care facilities are available, as well additional emphasis is put on education and counseling regarding pregnancy, delivery and care of the newborn infant and family.

### **3. Objectives of MamtaGhar**

- ☐ Increase the utilization of the hospital by women for delivery and care.
- ☐ Enable high-risk women or women from remote to access medical care during delivery period
- ☐ Increase percentage of women delivered a baby with trained providers at health facility.
- ☐ Promote early and exclusive breast feeding.
- ☐ Promote minimum 48 hours of Post Partum Stay in the Institutions.

### **4. Type of services offered in MamtaGhar**

#### **Health services**

- ☐ Routine Antenatal Examination
- ☐ Nearby 24hr on call availability of Skilled Birth Attendant

#### **Health Education**

- ☐ On childbirth and post-natal care
- ☐ Birth spacing and family planning
- ☐ Newborn care
- ☐ Kangaroo mother care for preterm or low birth weight babies
- ☐ Early and exclusive breast feeding
- ☐ Vaccination
- ☐ Nutrition

#### **Other related services**

- ☐ Food facilities: To beneficiary and one attendant
- ☐ Child care
- ☐ Ambulance service

### **5. Administration and Staffing**

- ☐ Each MamtaGhar is to be managed and administered by the Facility Incharge.
- ☐ To facilitate beneficiaries in the MamtaGhar, total 3 Caretakers, one Sweeper and one Security person are sanctioned for each MamtaGhar.

## **6. Utilization**

MamtaGhar utilization was estimated using pregnant women days method. This method calculates number of women staying in MamtaGhar over a month multiplied by number of days stayed. This measure is robust analysis for reviewing performance of MamtaGhar.

**Pregnant women days = no. of pregnant mothers X no. of days stayed**

Based on above formula all MamtaGhars with pregnant women days more than 30 were identified and 28% of MamtaGhar were found have utilization of more than 30 pregnant women days.

## **7. Conclusion:**

It is evident from the present research that MamtaGhar provides essential care to mothers before her delivery. Continuous utilization of service is also encouraging and further effort is required to make further progress in remaining MamtaGhar.