



Safe Abortion



Methods for Safe Abortion



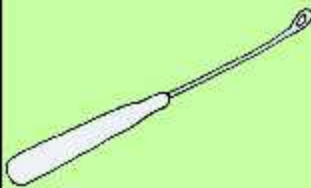
Medical Abortion

- Can be done in less than 7 weeks after LMP
- Under supervision of medical provider



Manual Vacuum Aspiration

- Can be done up to 8 weeks of pregnancy
- Woman needs to stay in the health facility for a few hours



Dilatation and curettage (D and C)

- Can be done up to 12 weeks of pregnancy
- Is associated with a higher risk of complications

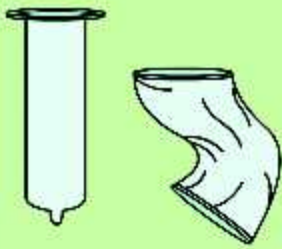
Post-Abortion Care



Avoid sex for 5 days post-abortion



Drink plenty of fluids



Use contraception always

Post-Abortion Complications



Heavy Bleeding



High Fever



Severe pain in the abdomen



Fainting and Confusion

ASHA's Role in Safe Abortion



Counsel women on abortion service



Conduct home visits on days 3 & 7 after abortion



Provide Information on signs of complications



Motivate use of contraception post-abortion