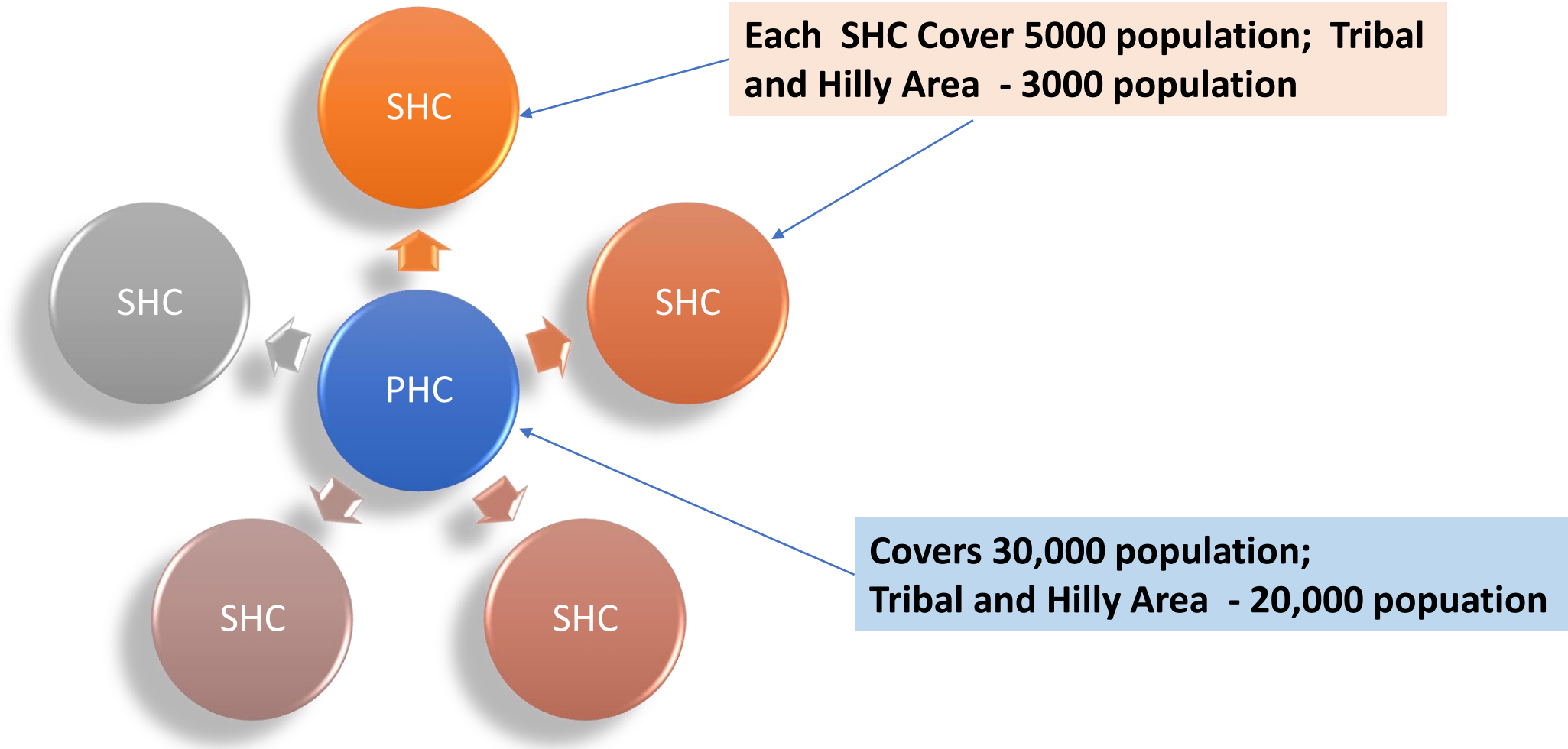


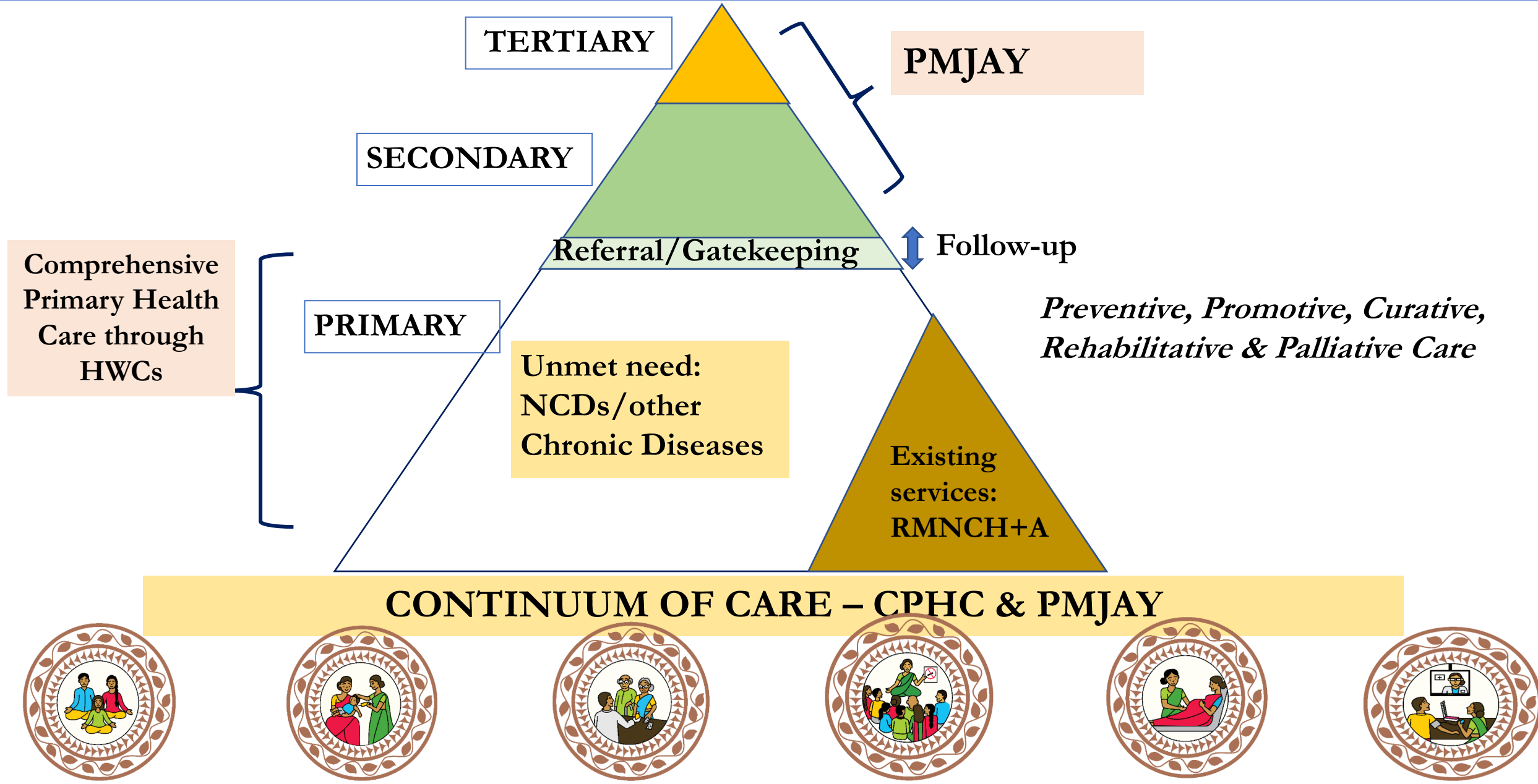
AYUSHMAN BHARAT- HEALTH AND WELLNESS CENTRES



OUR PRIMARY HEALTH CARE SYSTEM



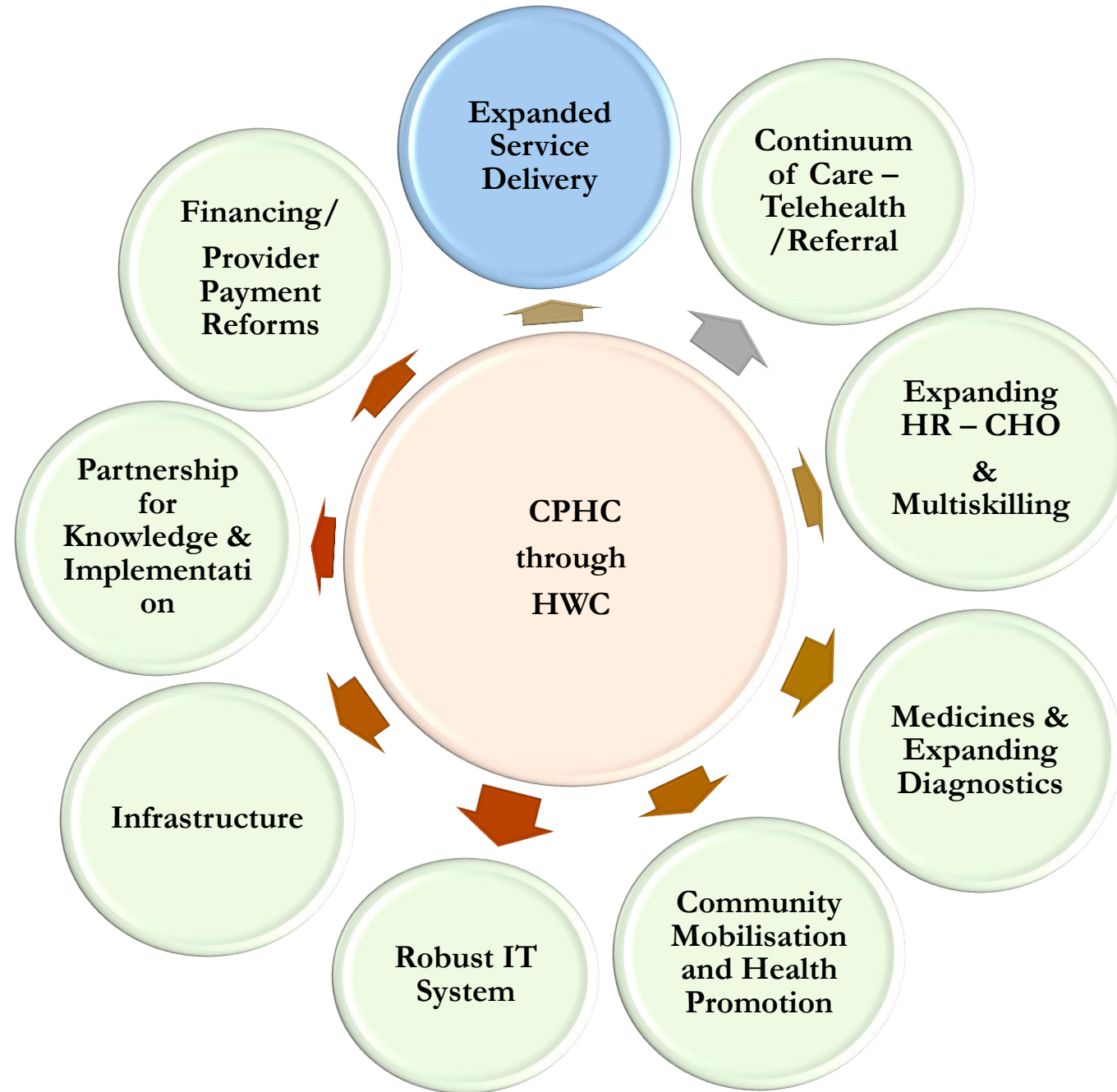
Universal Health Coverage: Ayushman Bharat-Health and Wellness Centre



Key Elements to Roll out CPHC



Key Elements to Roll out CPHC



Service Packages

Services made available at HWC

- 1. Care in Pregnancy and Child-birth.**
- 2. Neonatal and Infant Health Care Services**
- 3. Childhood and Adolescent Health Care Services.**
- 4. Family Planning, Contraceptive Services and other Reproductive Health Care Services**
- 5. Management of Communicable Diseases: National Health Programmes**
- 6. General Out-patient Care for Acute Simple Illnesses and Minor Ailments**
- 7. *Screening, Prevention, Control and Management of Non-communicable Diseases and Chronic Communicable diseases like Tuberculosis and Leprosy.***

Services* being added in incremental manner

- 8. Basic Oral Health Care**
- 9. Emergency Medical Services including Burns and Trauma**
- 10. Care for Common Ophthalmic and ENT Problem**
- 11. Elderly and Palliative Health Care Services**
- 12. Screening and Basic Management of Mental Health Ailments**

**Many states in south have started adding above services*

Service Packages

1. Care in Pregnancy and Child birth



2. Neonatal and Infant Health Care services



3. Childhood and adolescent Health Care services



4. Family Planning and Reproductive Health services



Elderly and Palliative health care services



Screening, Prevention and control of NCD for more than 30 years of age group



Service Packages

Management of Communicable diseases including National Health Programs



Outpatient care for acute simple illness and minor ailments



Basic Oral Health Care services



Care for Eye, Ear and throat problems



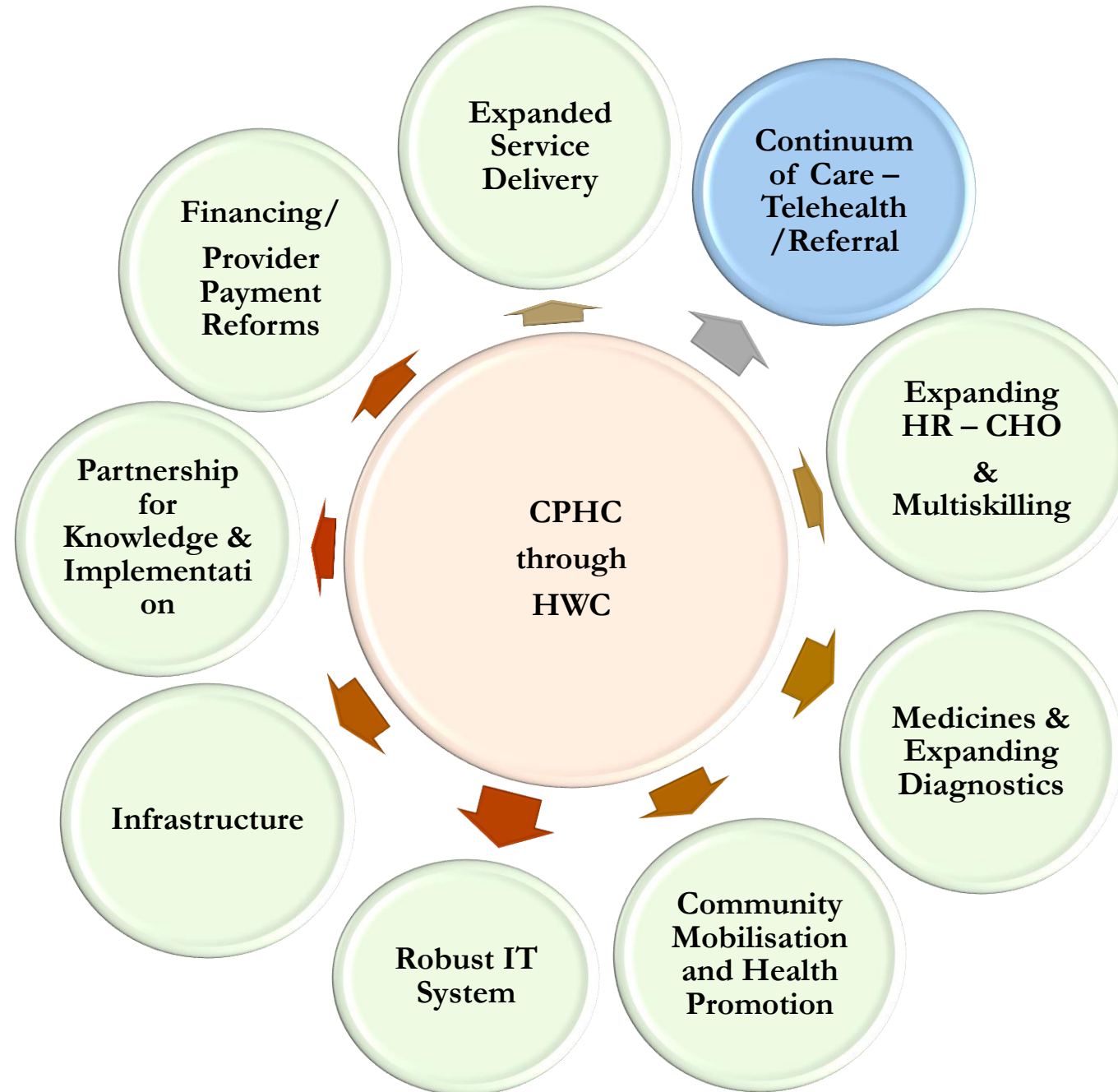
Screening and Basic Management of Mental Health Problems



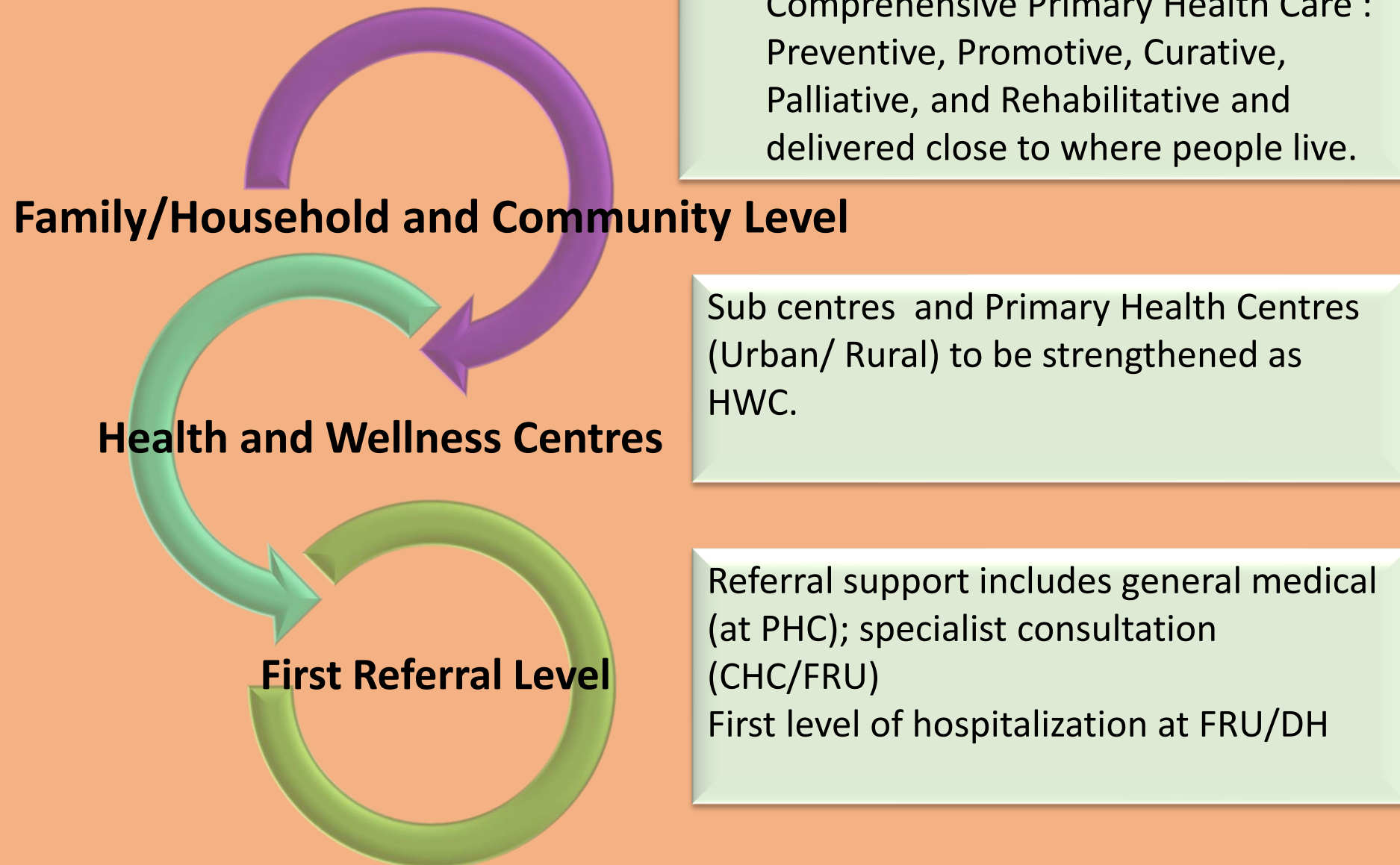
Emergency Medical Services



Key Elements to Roll out CPHC



Organization of Comprehensive Primary Health Care



Maintaining Continuum of Care – Ayushman Bharat

Village/Urban Ward



- Population Enumeration
- Outreach Services
- Community Based Risk Assessment
- Awareness Generation
- Counselling: Lifestyle changes; treatment compliance

Follow up
post
secondary
and
tertiary
care



- Advanced diagnostics
- Complication assessment
- Hospitalization
- Tertiary linkage/PMJAY

CHC/SDH/DH

- First Level Care
- NCD Screening
- Use of Diagnostics
- Medicine Dispensation
- Record keeping
- Tele-health
- Referral to PHC for confirmation/complication



Diagnosis for NCDs
Prescription and Treatment Plan
Gate Keeping role for out patient and
inpatient referral / PMJAY
Teleconsultation with specialists



SHC-HWC

PHC-HWC

Teleconsultations



Patient Support Groups (PSGs)

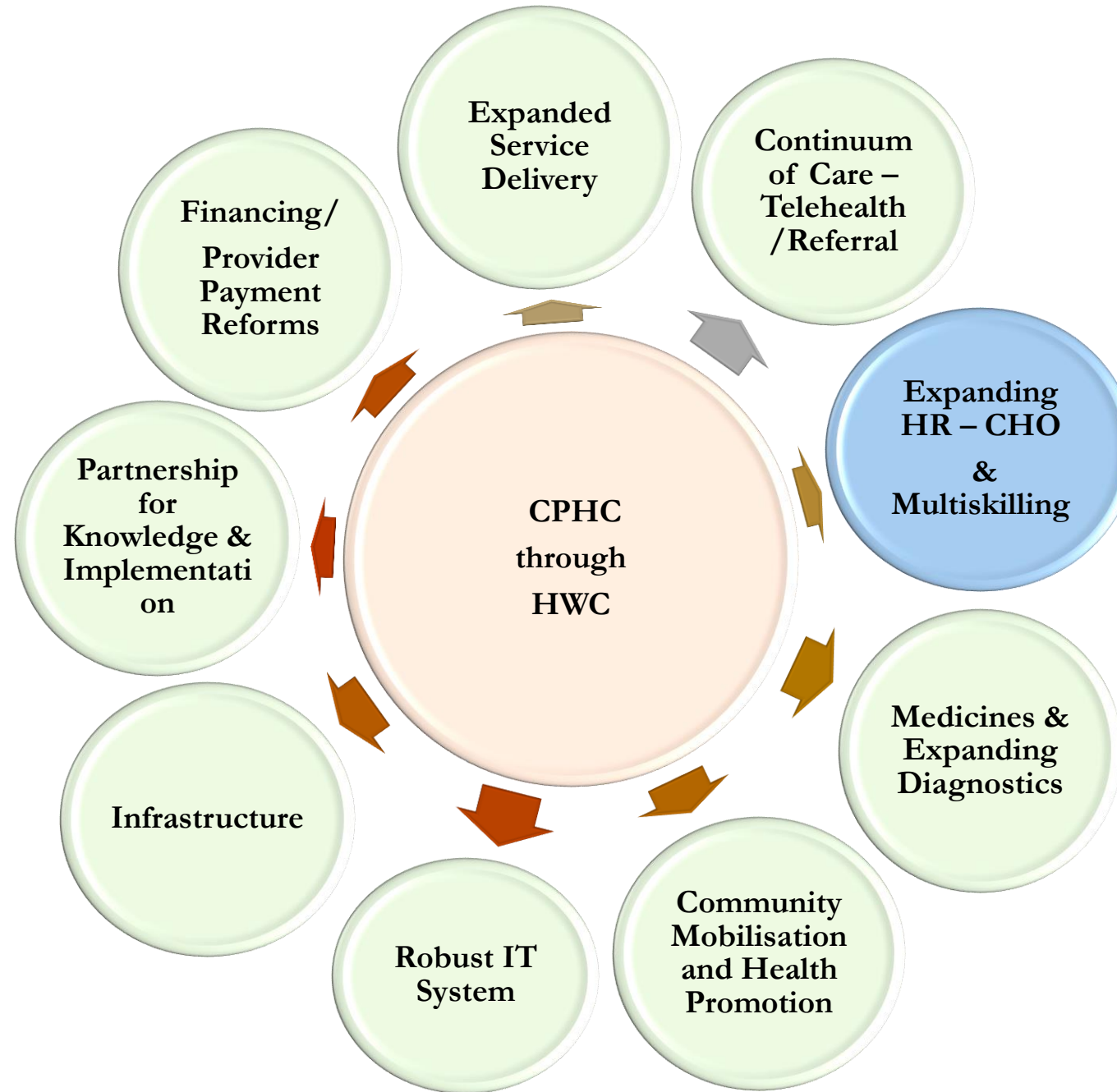
➤ Formation of PSGs is helpful in ensuring treatment compliance by reducing social stigmas and increasing acceptance towards the disease.

➤ Some of the key advantages of PSGs are:

- **Helping the patients:** realizing that they are not alone- to boost the social support and acceptance towards one's disease. This realization will bring relief, and further encouragement to seek care.
- **Creating awareness:** these support groups may act as a platform for IEC sessions on topics relevant to that group. The added advantage of such platforms is that it will offer lots of practical tips and resources for coping up.
- **Reducing distress:** As the patient discusses her/his query in a group, this reduces stress and anxiety about the outcomes.
- **Increased self-understanding:** with more and more IEC, there is a scope to learn more effective ways to cope and handle situations.



Key Elements to Roll out CPHC



Expanding HR- Comprehensive Primary Health Care Team

- **Health & Wellness Centre – SHC** (@5000 in plain areas and 3000 in hilly and tribal areas)

SHC Team

- **Community Health Officer:** BSc/ GNM or Ayurveda Practitioner, Trained in 6 months Certificate Programme in Community Health/ Community Health Officer (BSc-CH)
- 2 MPW (either 1 Female and 1 Male or Both females)
- 5 ASHAs (@1 per 1,000 population)



- **Health & Wellness Centre – PHC** (@30,000) / **UPHC** (@50,000)

PHC team as per IPHS – Minimum Requirement-

- 1 MBBS Doctor
- 1 Staff nurse
- 1 Pharmacist
- 1 Lab Technician
- LHV
- Rural- 1 MPW + 5 ASHAs
- Urban- 5 MPWs (@1 per 10,000 population) and 20-25 ASHAs (@1 per 2,000-2,500 population)

Key Elements to Roll out CPHC



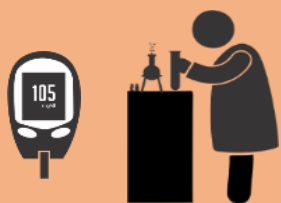
Service delivery at AB-HWCs is supported by-



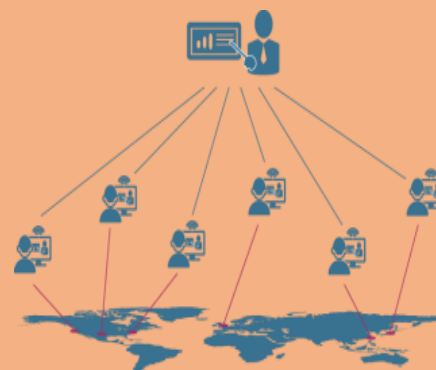
Free medicines
105 @SHC-HWC
172@PHC-HWC



Robust IT
system

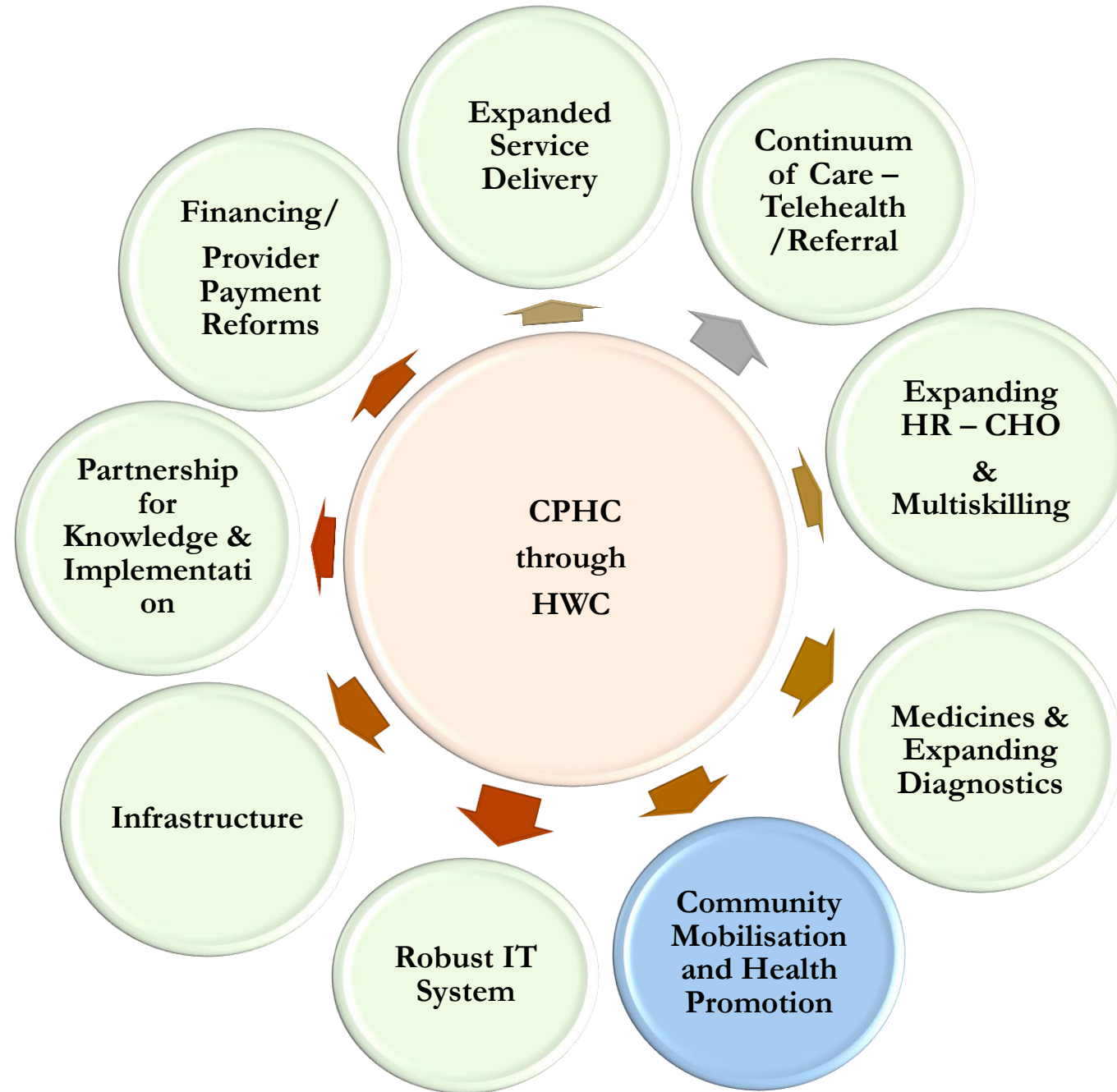


Free diagnostics
14 @SHC-HWC
63 @PHC-HWC



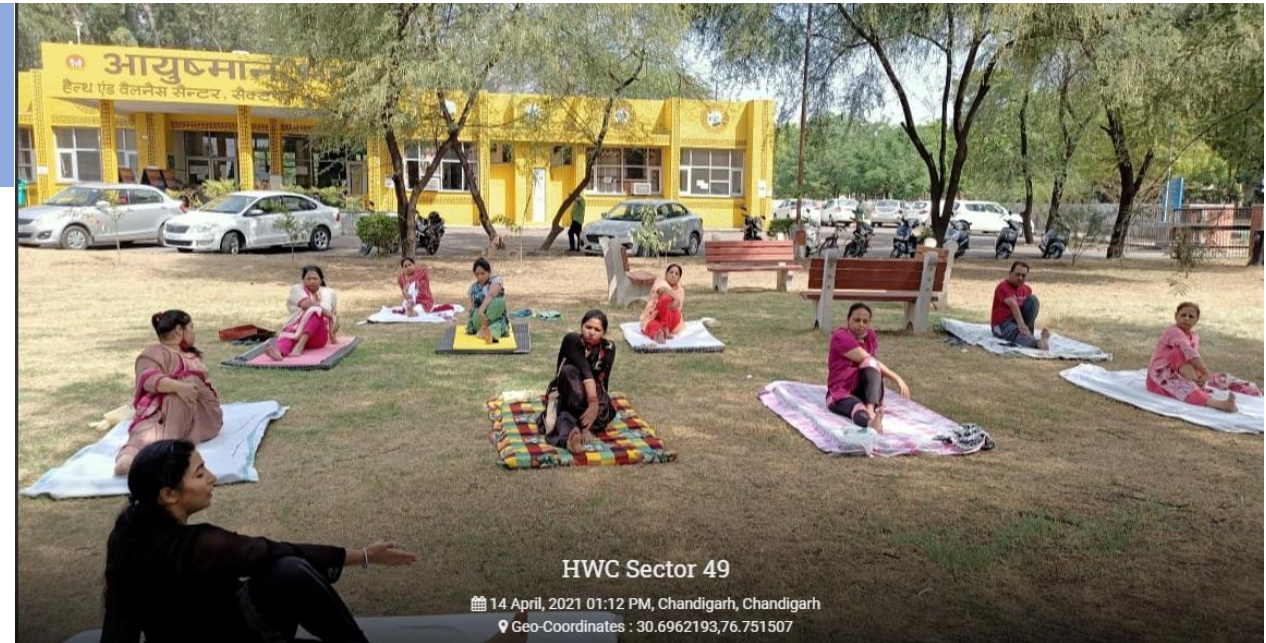
Teleconsultation
services

Key Elements to Roll out CPHC

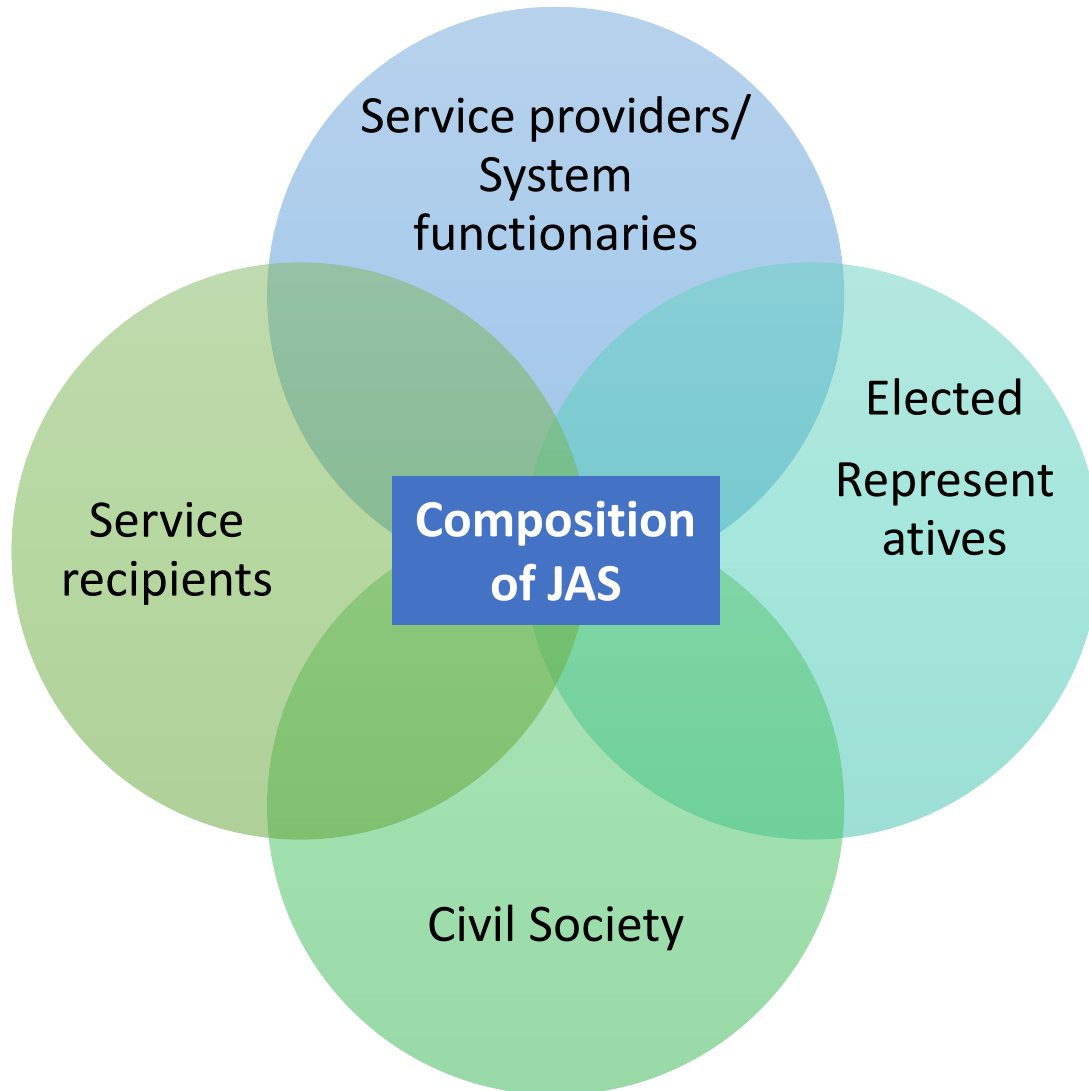


Health Promotion

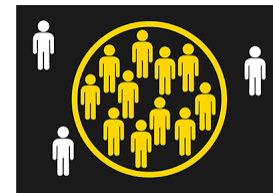
- **“Eat Right Movement”** built on two broad pillars- “Eat healthy” and “Eat safe”
- **Fit India Movement** for a healthy life style
- **Promotion of Yoga**
- **Annual Health Calender-** 39 health days
- Raising people’s awareness of primary health care via community level campaigns through folk and local media/VHSNC and MAS



JAN AROGYA SAMITIS

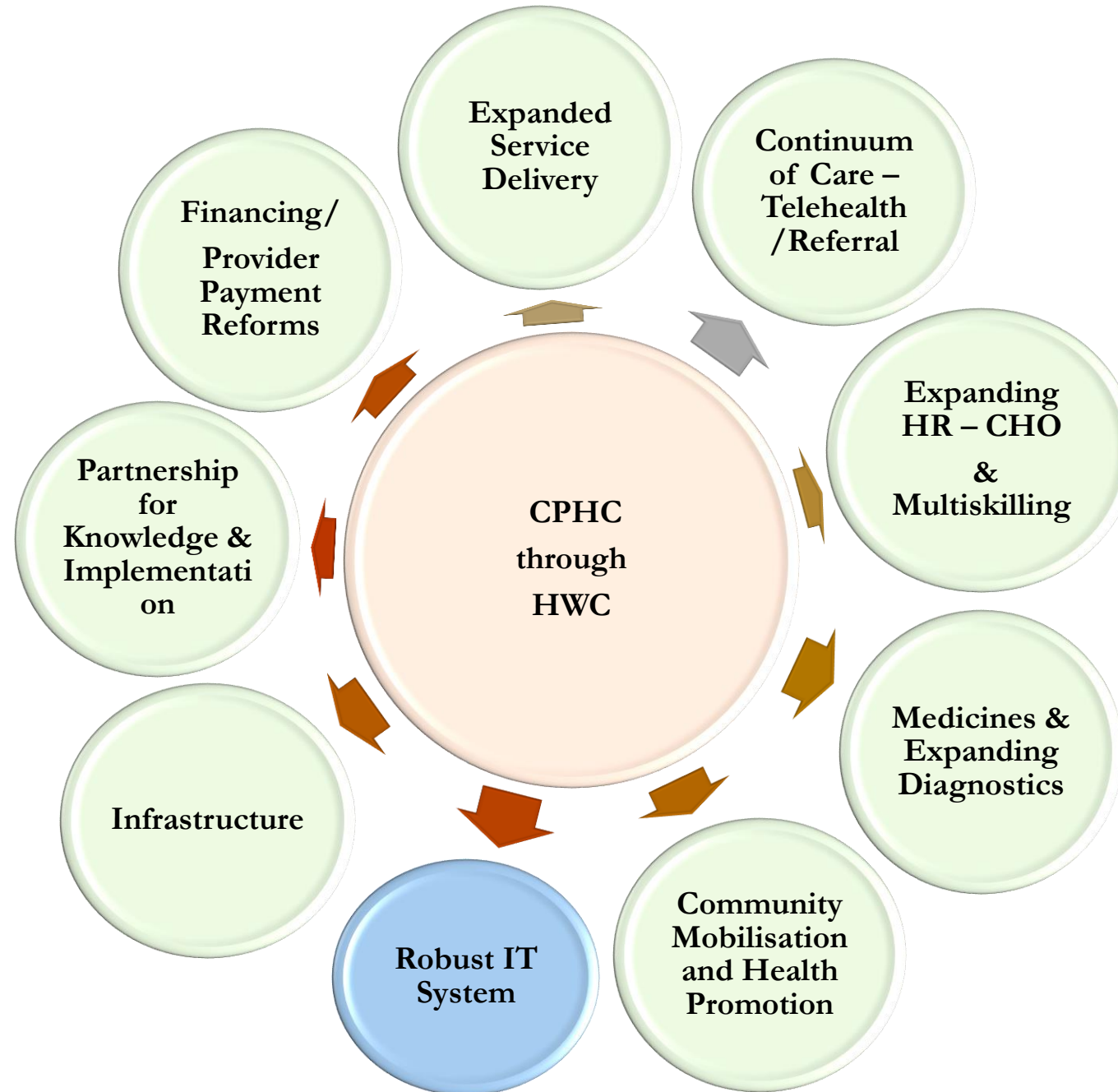


- **At least 50% representation of women to be ensured**



- **Vulnerable and marginalized population to be at least 33% represented**

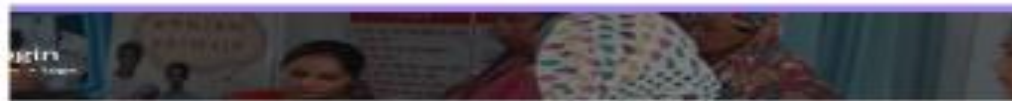
Key Elements to Roll out CPHC



Ayushman Bharat- HWC portal

Key Features

- Facility wise information
- Daily /Monthly Reporting on service utilization
- Platform to upload photos
- Grievance
- Quarterly State Ranking
- Important documents and Link
- Details of Staff available at the facility



Login

Username:

Password:

☐ Remember me

25000



IT System to support continuum of care

❑ *Patient centric –*

- Unique Individual ID
- Individual health record
- Family health folder
- Facilitates continuum of care through alerts to patients

❑ *Service Providers -*

- Enables continuity of care across levels
- Generates workplans/serves as job aids
- Facilitates follow up and compliance to treatment
- Decision Support System for service providers at various levels

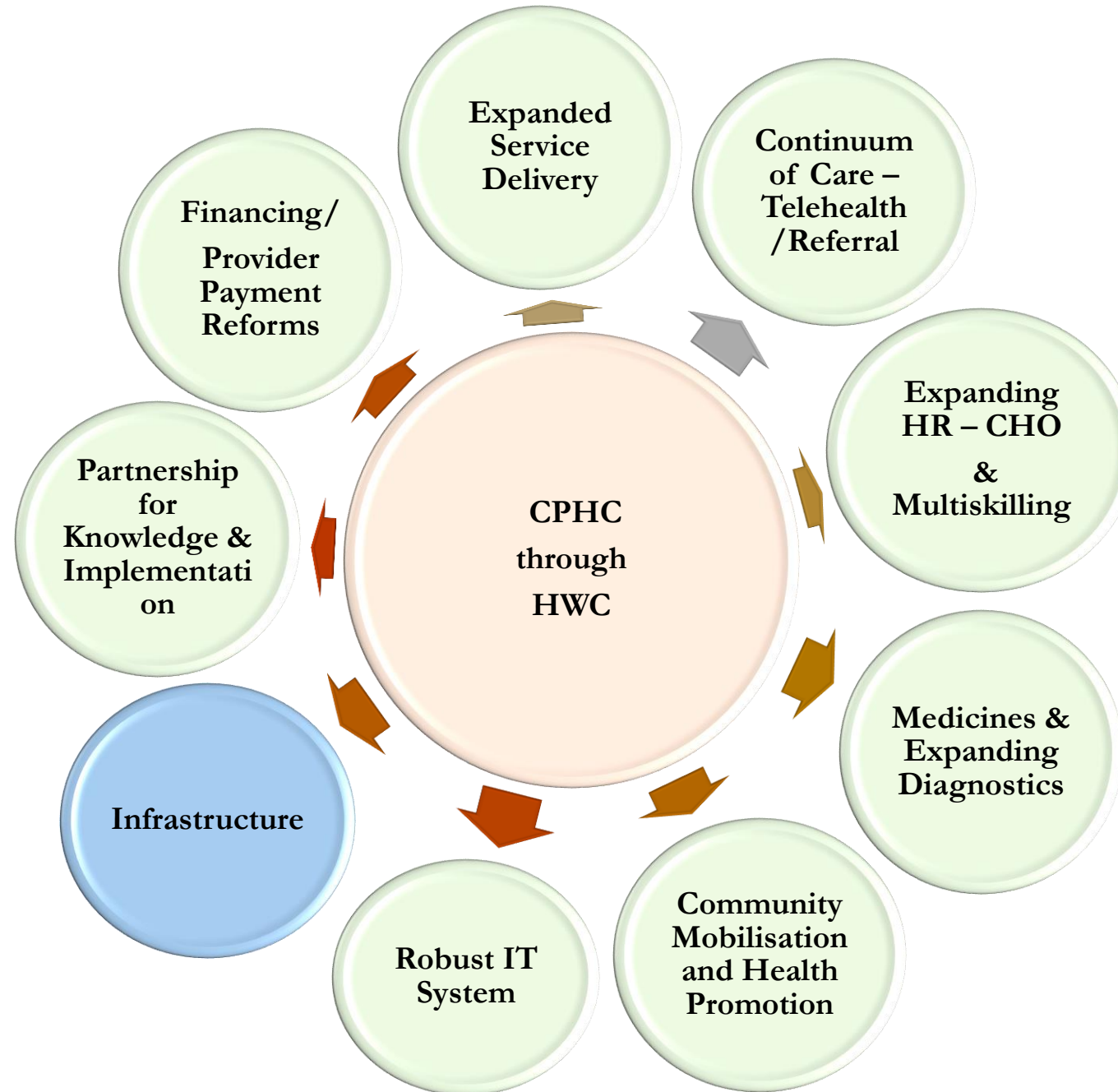
❑ *Programme Managers-*

- Dashboard for monitoring at different levels
- Provide monitoring reports to assess performance for payments

Overarching system –CPHC IT System - integration of all existing IT systems Eg- RCH Portal/ ANMOL/NIKSHAY/ IDSP/ HMIS/PMJAY

Use of Teleconsultation to improve care coordination

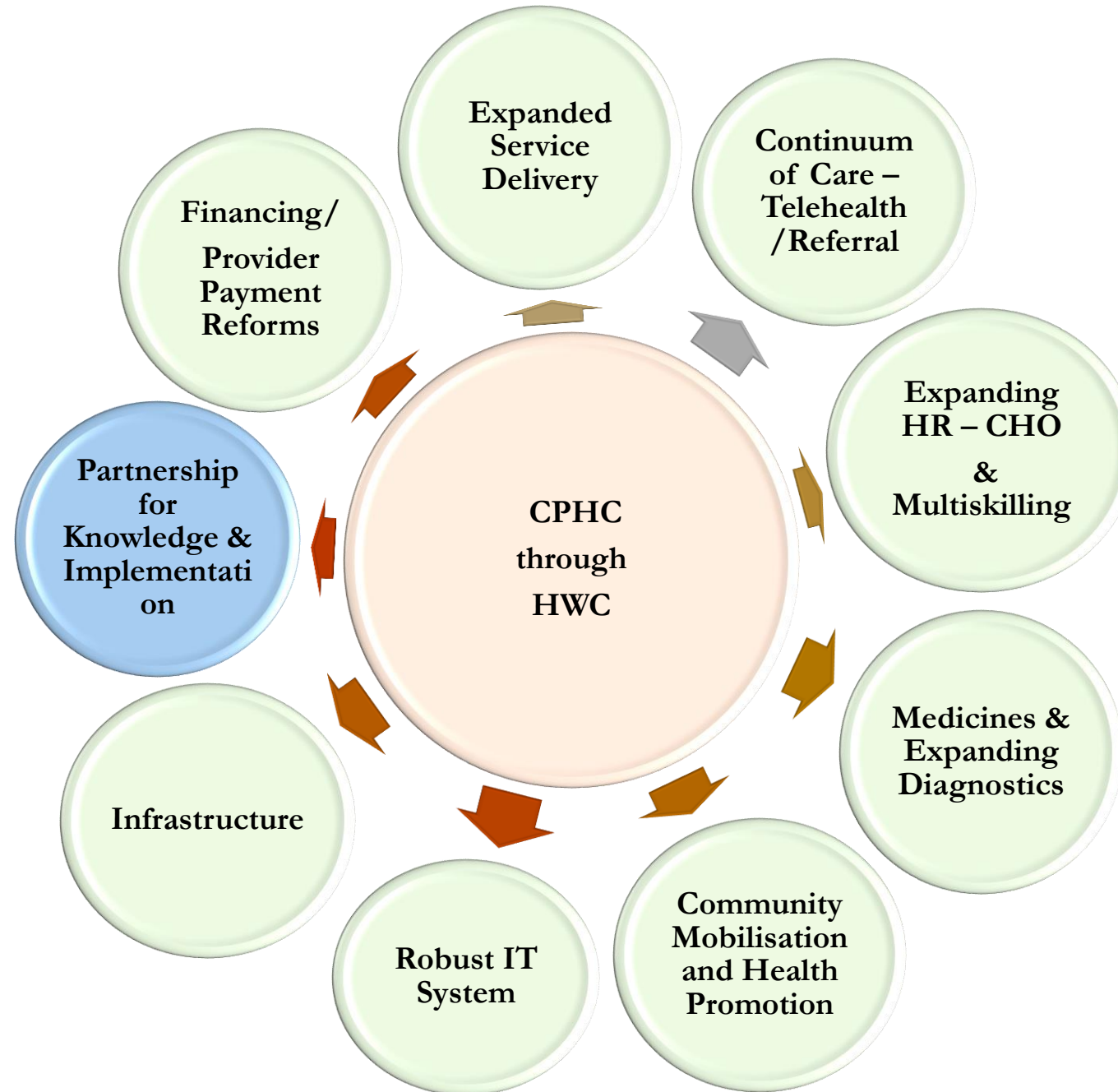
Key Elements to Roll out CPHC



AYUSHMAN BHARAT- HEALTH AND WELLNESS CENTRES



Key Elements to Roll out CPHC



Partnerships for Knowledge Management

- **ADOPTION by Medical Colleges**

- Mentoring
- Training
- Research
- Quality assurance

Key Elements to Roll out CPHC



Performance Linked Indicators

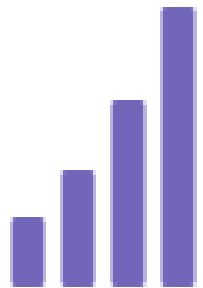
SI No	Indicators	SI No	Indicators
1	Proportion of Pregnant Women registered who received ANC as per scheduled due date	4	Proportion of cases referred for TB screening
	Proportion of institutional delivery in public facilities		Proportion of notified TB cases received treatment as per protocol
2	Proportion of new-borns who received HBNC services	5	Number of footfalls in the month
	Percentage of Sick Newborn identified and referred to higher facilities	6	Proportion of individuals 30 years and above whose CBAC form was filled
3	Proportion of Children up to 2 years of age who received immunization as per the due date	7.a	Proportion of individual 30 years or above screened for Hypertension (including repeat yearly screenings for Hypertension)

Performance Linked Indicators

Sl No	Indicators	Sl No	Indicators
7.b	Proportion of HTN patients on treatment	11	Wellness session organized at HWCs
8.a	Proportion of individual 30 years or above screened for Diabetes (including repeat yearly screenings for Diabetes)	12	Wellness activities held as per annual calendar
8.b	Proportion of patients with Diabetes on treatment	13	Monthly JAS meeting held with minimum 60% of the members
9	Utilization of CPHC App/MO Portal	14	VHSND held against planned CHO/ MO to monitor a minimum of two per month
10	Teleconsultation services	15	Village meetings(VHSNC/MAS held)

Inputs provided –

1. HR in place +
2. NCD Training +
3. Medicines +
4. Diagnostics+
5. Infrastructure strengthening / Branding +



76,691

HWC Progressive

SHC-51,609

PHC-21,084

UPHC-3,998

Inputs + Service Delivery started –

1. HR in place +
2. NCD Training +
3. Medicines +
4. Diagnostics+
5. Infrastructure strengthening / Branding+
6. Screening of NCDs- Hypertension / Diabetes/ /Oral Cancer /Breast Cancer



76,588

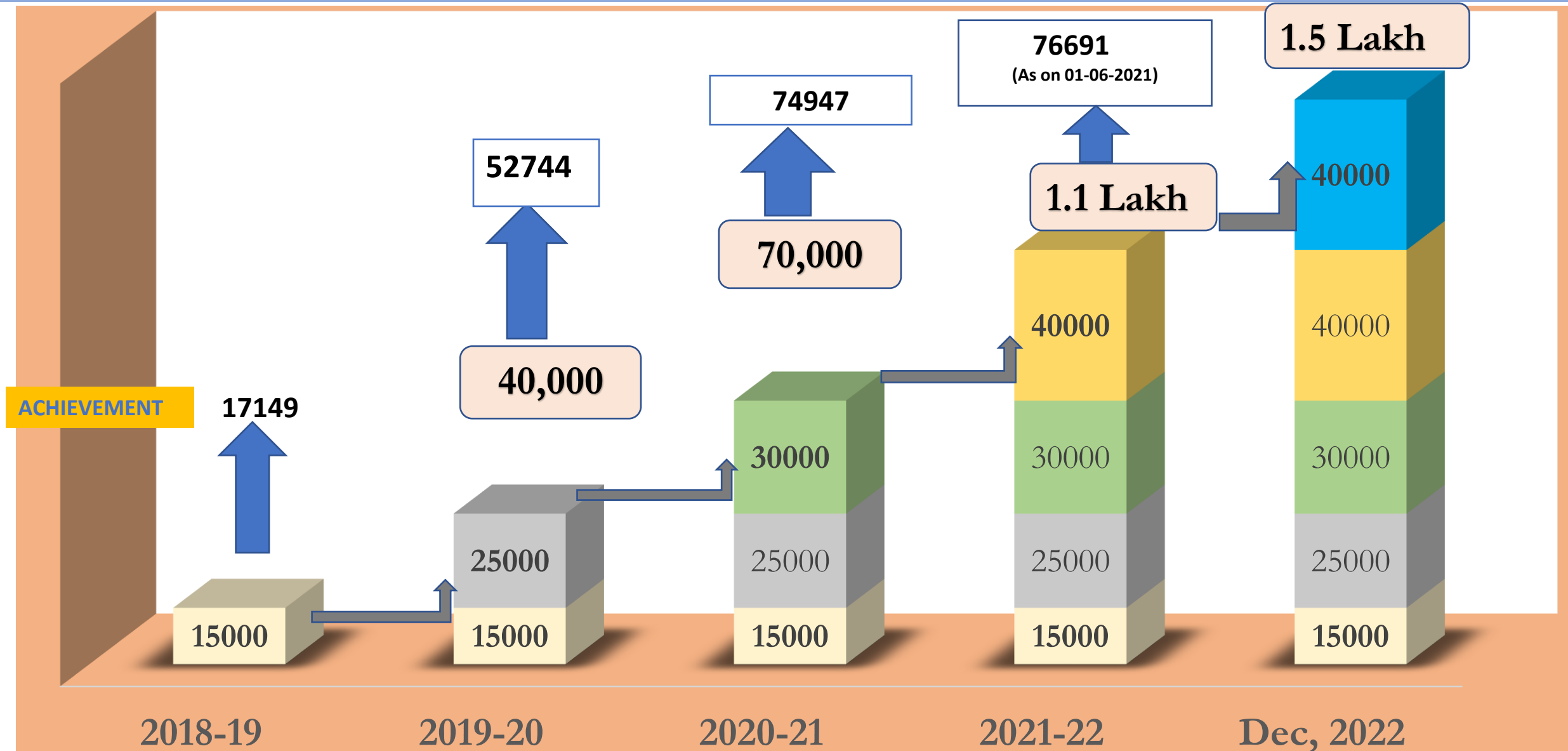
HWC Operational

SHC-51,574

PHC-21,020

UPHC-3,994

Roll out Plan of Health and Wellness Centres





THANK
YOU