



**Maj Gen (Prof) Atul Kotwal, SM, VSM**

MBBS, MD (PSM), PDF (Epidemiology),  
FRCP Edin, FAMS, FIPHA, FIAPSM  
**Executive Director**



**National Health Systems Resource Centre**  
राष्ट्रीय स्वास्थ्य प्रणाली संसाधन केंद्र  
Ministry of Health and Family Welfare  
Government of India

L. No. – NHSRC/12-13/QI/01/LS  
Date: January 18, 2024

**Subject: Online Lecture Series on Standard Treatment Guidelines**

*Dear ma'am / Sir,*

Pain is a subjective phenomenon, and its objective evaluation is difficult. This is a result of stimulations which hurt or destroy tissues and commonly is associated with a pathological event in the body. Although acute pain may reasonably be considered a symptom of a disease or trauma which may successfully be treated. Pain is a major healthcare problem. Depending on the duration, pain can be defined as acute or chronic. Approximately 30% of world's population suffers from different types of pain.

Pain can be treated through a variety of methods. The most appropriate method depends upon the situation. Management of chronic pain can be difficult. Inadequate treatment of pain is widespread throughout surgical wards, intensive care units, and accident and emergency departments, in general practice, in the management of all forms of chronic pain including cancer pain, and in end of life care. The proper pain management can achieve a better quality of life for the patients and their families.

Therefore, focusing on this common but crucial healthcare problem, the next session in this lecture series "Pain Management in Terminal Care" has been scheduled on 20th January 2024 and the speakers are Dr Sangeeta Sharma, President DSPRUD and Dr Ashok Kumar Saxena, Professor, Department of Anaesthesiology, GTB Hospital, New Delhi.

You are requested to disseminate the information to all public healthcare facilities and available clinicians, nursing and other healthcare professionals may be encouraged to join the webinar. The agenda of the session is placed at Annexure 'A'.

Link for the online lecture is given below -

Date: 20.01.2024

Time: 2.45 PM to 5.15 PM

Registration WebEx link from PC, Mac, iOS or Android:

<https://nhsrc-india.webex.com/weblink/register/ra085121d88831c837437a72f20a7700b>

*Atul Kotwal*

Yours Sincerely

Maj Gen (Prof) Atul Kotwal

To,

ACS | PS | Secretary Health – All States & UTs

Copy:

- Mission Director NHM - All States & UTs
- Quality Assurance Nodal officers – All States & UTs



**Series -2 of Lecture on  
Standard Treatment Guidelines  
Agenda**

NHSRC-DSPRUD STG series 20 <sup>th</sup> January 2024 (Saturday)		
Time	Topic	Resource Person
02.45 PM to 3.00 PM	Online Registration	
03.00 PM to 03.15 PM	Pre- Training Evaluation	
03.15 PM to 03.20 PM	Welcome & Objective of Lecture series	Dr. J. N. Srivastava, Advisor-QPS, NHSRC
03.20 PM to 03.25 PM	Address by the Chief Guest	Maj Gen (Prof) Atul Kotwal, SM, VSM, Executive Director, NHSRC
03.25 PM to 04.00 PM	Unmet needs in pain management	Dr. Sangeeta Sharma, Professor-IHBAS and President, DSPRUD
04.00 PM-04.45 PM	Pain Management in Terminal Care	Dr. Ashok Kumar Saxena, Professor, Department of Anaesthesiology, GTB Hospital
04.45 PM -05.00 PM	Q & A	
05.00 PM- 05.15 PM	Post Training Evaluation and Closing	