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**Executive Director**



**National Health Systems Resource Centre**  
राष्ट्रीय स्वास्थ्य प्रणाली संसाधन केंद्र  
Ministry of Health and Family Welfare  
Government of India

L. No. – NHSRC/12-13/QI/01/LS  
Date: March 13, 2024

**Subject: Online Lecture Series on Standard Treatment Guidelines**

*Dear ma'am/sir,*

Osteoarthritis is a degenerative joint condition. It causes pain, swelling and stiffness, affecting a person's ability to move freely. It is one of the significant contributors to years lived with disability among the musculoskeletal conditions. As osteoarthritis is more prevalent in older people, global prevalence is expected to increase with the ageing of populations. The typical onset is in the late 40s to mid-50s, although osteoarthritis may also affect younger people, including athletes and people who sustain joint injury or trauma. About 60% of people living with osteoarthritis are women.

As per WHO, with a prevalence of 365 million, the knee is the most frequently affected joint, followed by the hip and the hand. Management of osteoarthritis often involves different health workers, who contribute to a rehabilitative strategy tailored to a person's needs and preferences. 344 million people living with osteoarthritis experience severity levels (moderate or severe) that could benefit from rehabilitation.

Therefore, focusing on this common yet important healthcare problem, the next session in this lecture series "**Management of Osteoarthritis**" has been scheduled on 16<sup>th</sup> March 2024 and the speakers are Dr Sangeeta Sharma, President DSPRUD and Dr Anil Jain, Director Professor, Department of Orthopaedics, UCMS, New Delhi.

You are requested to disseminate the information to all public healthcare facilities and available clinicians, nursing and other healthcare professionals may be encouraged to join the webinar. The agenda of the session is placed at **Annexure 'A'**.

Link for the online lecture is given below -

Date: 16.03.2024

Time: 2.30 PM to 5.00 PM

Registration WebEx link from PC, Mac, iOS or Android:

<https://nhsrc-india.webex.com/webex/register/rd7c0787bddeb1324fb542b2e47b1cda>

*Warm regards,*

Yours Sincerely

Maj Gen (Prof) Atul Kotwal

To,

ACS | PS | Secretary Health – All States & UTs

Copy:

- Mission Director NHM - All States & UTs
- State Nodal Officer, Quality Assurance – All States & UTs



**Series -2 of Lecture on  
Standard Treatment Guidelines  
Agenda**

<b>NHSRC-DSPRUD STG series 16 March 2024 (Saturday)</b>		
<b>Time</b>	<b>Topic</b>	<b>Resource Person</b>
02.45 PM to 3.00 PM	Online Registration	
03.00 PM to 03.15 PM	Pre- Training Evaluation	
03.15 PM to 03.20 PM	Welcome & Objective of Lecture series	Dr J. N. Srivastava, Advisor-QPS, NHSRC
03.20 PM to 03.25 PM	Address by the Chief Guest	Maj Gen (Prof) Dr Atul Kotwal, SM, VSM, Executive Director, NHSRC
03.25 PM to 04.30 PM	Osteoarthritis: Approach to Management.	Dr Anil Jain, Director Professor, Department of Orthopaedics, UCMS, Delhi
04.30 PM-04.45 PM	Osteoarthritis: Issues and Challenges	Dr Sangeeta Sharma, Professor-IHBAS and President, DSPRUD
04.45 PM -05.00 PM	Q & A	
05.00 PM- 05.15 PM	Post Training Evaluation and Closing	