



Maj Gen (Prof) Atul Kotwal, SM, VSM
Executive Director



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Technical Support Institution with
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Ministry of Health and Family Welfare,
Government of India

L. No. – NHSRC/12-13/QI/01/LS
Date: October 12, 2022

Subject: Online Lecture Series - Standard Treatment Guidelines on Hypertension

Dear *Colleagues,*

Please refer NHSRC's earlier letter regarding 'Online Lecture Series on Standard Treatment Guidelines.

The health status and the drivers of health loss are expected to vary between different parts of the country and between the states. Effective efforts to improve population health in each state require systematic knowledge and a comprehensive assessment of the diseases, leading to most premature deaths and disability in each state. The report "India: Health of the Nation's States" mentions that there is increase in the contribution of Non-Communicable diseases from 30% of the total disease burden in 1990 to 55% in 2016.

In India, Hypertension is a leading NCD and estimated to be attributable for nearly 10 per cent of all deaths. Adult hypertension prevalence has risen dramatically over the past three decades from 5 per cent to between 20-40 per cent in urban areas and 12-17 per cent in rural areas. Most people don't know they are suffering from hypertension until it is too late.

To strengthen the primary management of Hypertension from the initial level of diagnosis to treatment, the next session of Lecture series will held on 15th Oct' 2022 on "Standard Treatment Guidelines on Hypertension".

You are requested to disseminate the information to all public healthcare facilities and available clinicians, nurses and health professionals may be encouraged to join the webinar. Agenda of the session is placed at Annexure 'A'.

Link for the online lecture is given below -

Date: 15.10.2022

Time: 2.45 PM to 5.00 PM

Echo link from PC, Mac, iOS or Android for registration:

<https://iecho.org/program/PRGM1665392778026GU441LKODD/details>

Yours Sincerely,

Maj Gen (Prof). Atul Kotwal

To,

ACS | PS | Secretary Health – All States & UTs

Copy:

- Mission Director NHM - All States & UTs



Standard Treatment Guidelines on Hypertension

Agenda

15 th October' 2022 (Saturday)		
Time	Topic	Resource Person
02.45 PM to 2.55 PM	Online Registration	
02.55 PM to 03.00 PM	Welcome & Objectives of Lecture series	Dr J N Srivastava Advisor-QPS, NHSRC
03.00 PM to 03.10 PM	Address by Chief Guest	Maj Gen (Prof) Atul Kotwal SM, VSM Executive Director - NHSRC
03.10 PM to 04.00 PM	Evidence-to-Action: Standard Treatment Guidelines	Dr. Sangeeta Sharma, President, DSPRUD and Prof & Head, Neuropsychopharmacology, IHBAS
04.00 PM to 05.00 PM	Standard Treatment Guidelines of Hypertension	Dr Anupam Prakash, Director Professor of Medicine Head, Dept. of Accident & Emergency Lady Hardinge Medical College & Asso. Hospitals, New Delhi
05.00 PM to 05.10 PM	Post Training Questionnaire followed by Vote of Thanks	
05.10 PM onwards	Question and Answers	